



# BIXEPS Improve Energy Levels, Fitness & Independence

## Fatigue and Weakness

are common complications due to low physical activity, illness or busy and stressful lifestyle. This leads to further inactivity, subsequent muscle loss, and poor quality of life.



## BIXEPS can Boost Energy Levels

Weekly BIXEPS sessions provide safe simple and easy muscle activation, creating benefits to exercise: improving muscle energetics, encouraging muscle regeneration and boosting mobility and capacity for a more active lifestyle.



Improving muscle energetics



Improving muscle strength and function



Encouraging healthy lifestyles

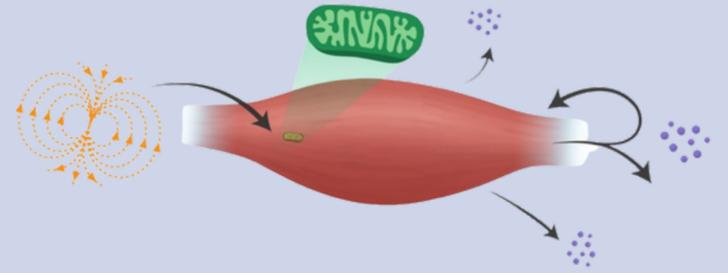
This device is intended to improve general wellbeing and to maintain a healthy lifestyle. It is not intended to be used for any medical purpose, management or treatment of any medical condition or disease. Please consult a physician for any medical advice required.

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## How does BIXEPS help?

BIXEPS uses gentle magnetic fields to activate muscle mitochondria, producing more energy for muscle regeneration and performance.

Brief 10-minute sessions can help strengthen lower limb muscles and make our legs feel younger.



Yap, J.L.Y., Tai, Y.K., Fröhlich, J., Fong, C.H.H., Yin, J.N., Foo, Z.L., Ramanan, S., Beyer, C., Toh, S.J., Casarosa, M., Bharathy, N., Kala, M.P., Egli, M., Taneja, R., Lee, C.N. and Franco-Obregón, A. (2019), Ambient and supplemental magnetic fields promote myogenesis via a TRPC1-mitochondrial axis: evidence of a magnetic mitohormetic mechanism. The FASEB Journal, 33: 12853-12872. <https://doi.org/10.1096/fj.201900057R>



Mr Lee Keng Meng, 73

I was introduced to BIXEPS through a family member, and have been using it for 20 weeks so far.

After using BIXEPS regularly, I **feel lighter on my feet**. During my regular table tennis sessions, I feel my reflexes and muscle reaction improving, and am **less fatigued** after each game.

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# BIXEPS

a spin off by



**NUS**  
National University  
of Singapore

**NUHS**  
National University  
Health System

BIXEPS has been shown to improve function and quality of life for **75%--85%** of users.

BIXEPS has been used by 20+ partners around Singapore.

Join **BIXEPS** today!



Scan the QR code and check out for more information

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